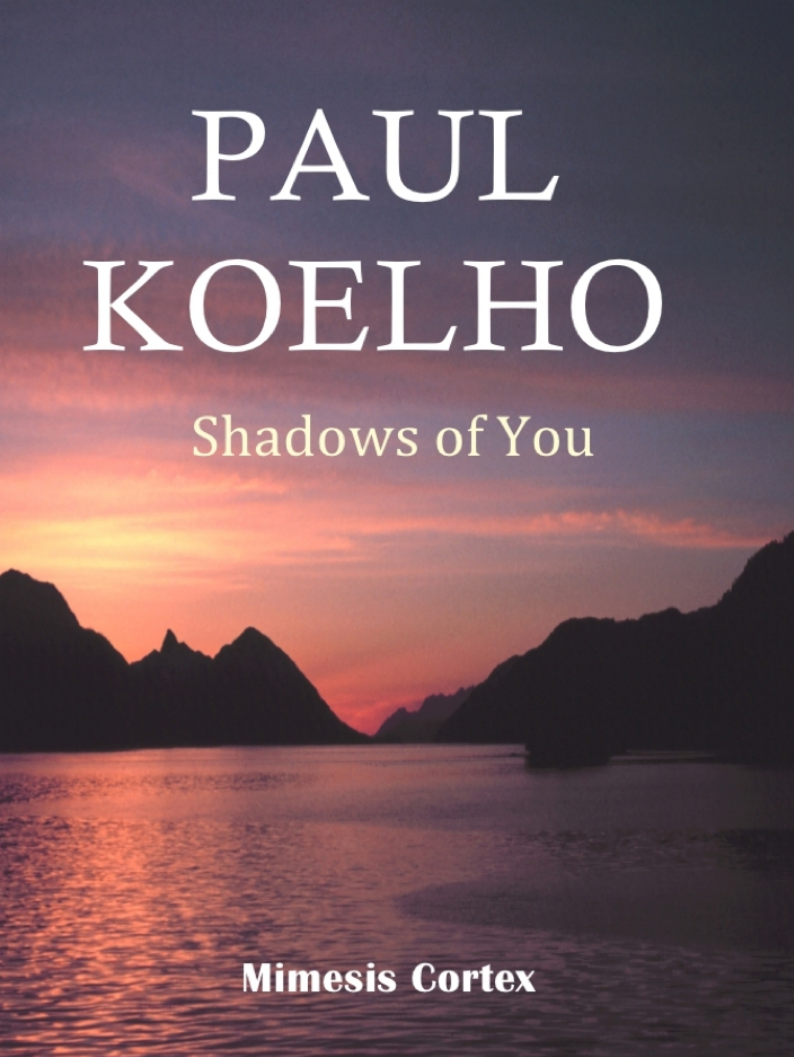
PAUL
KOELHO
Shadows of You
Mimesis Cortex

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Los Angeles, CA, USA

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Cover by Creative Commons
Commander John bortniak, NOAA Corps, June 1991

Orp 1804, NOAA Corps Collection

For my duck Billy Bob
my true pal in life

You were delicious

When I woke up today, I could almost smell the energy of the sunrays that reached my face.

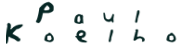
But what is waking up? We wake up every day. But do we really wake up? Our days are technically every day the same.

We go to our work and we do the dishes. We watch television and we eat in the morning, afternoon and evening. Waking up is not a new beginning. It is just a part of a pattern we call life.

In this book I try to show you how you can wake up by analyzing that pattern called *life*. Discover your own shadows of life, or how I prefer to call them... The shadows of you.

You will wake up every day, I'll promise you.

Love,



Los Palmos Grandos Ridiculos, 2015

Some friends are like the sun
We love them, but we don't want to get too close to them

- Paul Koelho

Say hi to the day
Your day may not speak to you
but he will answer every greeting

- Paul Koelho

Life is like the firmament
there are as many opportunities
as there are stars

- Paul Koelho,
The Day Of Hope (1993)

It's you who decides how good life is
The world is the accompaniment
and you are the lead singer

- Paul Koelho

The world population is like a marriage
We live together
but there is not a single day
that we're not in a war

- Paul Koelho

A true friend will even hug you
when you spit in her face
while you step on her feet
during her nanny's funeral

- Paul Koelho,
Seven Days In Ocean Island (1990)

Give your anger a funeral
but never dig it up!
Revenge is like desecration

- Paul Koelho

You cannot break a heart
with a broken spine

- Paul Koelho

There are two lingua francas in the world
love and hate

- Paul Koelho

Walk forward
Walk backwards
Both ways
Lead you to a direction
Not walking doesn't

- Paul Koelho

In daily life we must see that
it is not happiness that makes us grateful
but gratefulness
that makes us happy

- Paul Koelho

Think, but don't sink!

- Paul Koelho

Deep in our mind we know that we're all egoists

- Paul Koelho

If you want to touch someone else's deepest feelings, be gentle
But if you want to touch your own deepest feelings, don't be gentle
You will always be gentle enough

- Paul Koelho

In the desert of our mind there is always an oasis

- Paul Koelho

The key to success is courage
We are afraid to dive and to swim to our deepest thoughts, fantasies and dreams in the swimming pool of our mind

- Paul Koelho

I don't hate, I love less

- Paul Koelho

A new year is a new beginning
It starts in two places: in your mind and in your heart

- Paul Koelho

In the building of success the highest floor is the most slippery one

- Paul Koelho

Life is like a banana, you can consume it or not

- Paul Koelho

Vegetables are not always green, but vegetables are always vegetables
We can eat all vegetables, but not all vegetables can eat us

- Paul Koelho

If fear would be a human, he would be our best friend and our worst enemy

- Paul Koelho

"Yesterday, the sky was scarlet, today it is as blue as the lapis lazuli on my grandmother's fireplace, Juan thought. He already had reached an altitude of 500 meters, 80 miles from the Humakuya mountains. Last week he still was meditating at the Buddhist Girosara gardens, surrounded by the divine aroma of fresh blossom. Today his only view was a huge blanket made out of snow. His carrier smiled. He didn't speak English or Spanish, but he could talk with his hands and eyes. It was like he wanted to say: we don't have money over here. We don't have color televisions over here. This is Earth how it was meant to be, before the Lord polluted the world with His biggest mistake: mankind."

Paul Koelho, *The Dawn of Mankind Without the Dreams I had* (2014)

A bird in the kitchen is a stone in the desert

- Paul Koelho

If you notice that someone is staring at you, you are staring as well

- Paul Koelho

If your life is a bitch, try to be the pimp

- Paul Koelho

May rain of peace make us all wet and may we never dry

- Paul Koelho

The light for which we reach, is the mirror of our past

- Paul Koelho

The sky is the limit, but also the beginning of a new limit

- Paul Koelho

The meaning of life is to live without thinking about the meaning of life
The keyword is experience, my friend

- Paul Koelho

Are we animals?
Maybe we are
Do you know how to look at a bird?

- Paul Koelho

Always go with the flow

- Paul Koelho

Time flies when you're having fun or when you are stoned

- Paul Koelho

A face can tell a thousand stories, a hand can touch a thousand souls

- Paul Koelho

Winters and summers,
it's all the same
We never get what we want

- Paul Koelho

A dog is like a fish without the water, and more hairy too
You all know what I mean

- Paul Koelho

Love is a battlefield
people love battles

- Paul Koelho

Women are not the pearls
in lotus flowers

Nor are they the glare
of pearls
in lotus flowers --

Women are the reflection of
a rainbow on pearls
in lotus flowers

floating in lakes of honey

- Paul Koelho
Poems By An Intellectual (1980)

The world is an infinite place:
you will never find the end
But you can find a new start
e v e r y w h e r e

- Paul Koelho

Every day is a tree full of opportunities
How high will you climb?
How hard will you fall?
Don't be afraid

- Paul Koelho

Learning is loving the past, loving the future, but hating the present

- Paul Koelho

Making many mistakes in life means that the right way is the only way left

- Paul Koelho

If you cannot make your dreams come true, just dream that you did make your dreams come true

- Paul Koelho

A house is not a home, when there is no one there who asks you about the garbage

- Paul Koelho

Even the one who wants to leave the building through the emergency exit, has to walk

- Paul Koelho

END

Many people confuse Paul Koelho (1978) with Paulo Coelho (1947). But Koelho is different than Coelho. Koelho is deeper, more surprising and filled with love for the world. Koelho said during his TEDx talk in Detroit: *"We are who we are if we know who we know. Ourselves."* Read this amazing book and find out who you are or who you want to become.

"Mister Koelho is a genius."
- Jo Luijten, editor

"The best book after the Bible!"
- THE BACON POST

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Mimesis Cortex